



## Snack and Friday Lunch Menu: Example

Month #1					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>	Bananas and Goldfish	Nutrigrain Bars	Chewy Granola Bars	Oatmeal Bars	Special K Breakfast Bars
<b>Afternoon</b>	100% Fruit Snacks	Apple Sauce	Cheezit Crackers	Fig Newtons	Oatmeal Raisin Cookies
Month #2					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>	Yogurt	Graham Crackers	Nutrigrain Bars	Cereal with Milk	Grahamfuls
<b>Afternoon</b>	Animal Crackers	Pudding	Pretzels and Peanut Butter	Tortilla Chips	String Cheese

Fun Friday Lunch Menu							
Friday #1	Friday #2	Friday #3	Friday #4	Friday #5	Friday #6	Friday #7	Friday #8
Corn Dogs Fresh Fruit Milk	Cheese Pizza Carrots with Ranch	Cheeseburgers Veggie Straws Bananas	Cheese Pizza Broccoli Apple Juice	Chicken Nuggets Raisins Veggie Straws	Cheese Pizza Carrots with Ranch	Corn Dogs Broccoli Grape Juice	Cheese Pizza Fresh Fruit Milk